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CareWorks hope you had a happy Easter!

As I reflect upon the start of 2019...

At the start of 2019 CareWorks had a full pantry, mostly from the generosity of those that gave to our Christmas Appeal, but also a lot from Sunbury churches and Groups.

From that, it was nice to be able to give away extra chocolates and a few Christmas goodies, along with the basic requirements, to those that needed our help to start the year. Families on low income often find the beginning of the year a difficult time financially. Extra costs of Christmas and then school uniforms and books can create stress and leave the bank account empty.

In as much as we hope to be generous to all that come through our doors, it's CareWorks', hope that along with food aid we can encourage our clients to look at their budgeting techniques and learn to save for "a rainy day" where possible.

Thank you to our supporters. The Sunbury Community continues to be generous with food and donations. CareWorks continues to rely on your support to keep food on the table for those in crisis.



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The Story of the Cracked Pot

An elderly Chinese woman had two large pots, each hung on the ends of a pole which she carried across her neck. One of the pots had a crack in it while the other pot was perfect and always delivered a full portion of water. At the end of the long walks from the stream to the house, the cracked pot arrived only half full.

For a full two years this went on daily, with the woman bringing home only one and a half pots of water. Of course, the perfect pot was proud of its accomplishments. But the poor cracked pot was ashamed of its own imperfection, and miserable that it could only do half of what it had been made to do.

After two years of what it perceived to be bitter failure, it spoke to the woman one day by the stream. 'I am ashamed of myself, because this crack in my side causes water to leak out all the way back to your house.'

The old woman smiled, 'Did you notice that there are flowers on your side of the path, but not on the other pot's side?' 'That's because I have always known about your flaw, so I planted flower seeds on your side of the path, and every day while we walk back, you water them.'

For two years I have been able to pick these beautiful flowers to decorate the table. Without you being just the way you are, there would not be this beauty to grace the house.'

- Author Unknown

When we think about how broken we are, we can ask that God will use our brokenness to be a blessing to others.

CareWorks Volunteers

Our volunteers continue to be reliable and committed to supporting CareWorks and one another. We are so blessed by their support. The overall feel of light-heartedness and

welcomed and enjoyed by the clients and volunteers alike.

I often think this is the way God intended it to be. I'm so grateful for the good-natured people and the grace and generosity that abounds within CareWorks.

Here's a few photos of the team!



BBQs at Bunnings

Recently, CareWorks was asked to man the BBQ for the Bunnings Easter Event. The girls cooked sausages for 2 1/2 hours. What a Great Effort!!! And still smiling!

Coincidentally, the following day we had our own fundraising event at Bunnings, selling sausages. We managed to raise \$635. Another great

A BIG Thanks to Jenny for organising the day.



[Volunteer spotlight](#)

Mick has joined the CareWorks team recently. He's brought lots of skills in gardening and maintenance. So when the table collapsed recently, Mick grabbed his handy welding kit and fixed it!

Mick has recently retired. He helps at CareWorks and the Men's Shed and likes to spend time with his grandchildren. He's has been helping CareWorks with establishing a database for our clients information too! I'm guessing he's never been so busy!

Thanks Mick!



[Our new fence](#)

With the new Library being built down the road from CareWorks, the Hume council decided they needed to acquire some of our backyard for car parking. Sadly, we watched as two large trees were cut down and we lost our veggie patch. That's progress!

Now the new fence is up and we are adjusting to our somewhat smaller backyard.



How you can help us



through basic food hampers for our clients. Donations of Food can be dropped at CareWorks on Tuesdays or Thursdays.

The Sunbury Neighbourhood House also accepts food donations on our behalf.

We are currently in need of:

- baked beans/spaghetti cans
- pasta sauce
- cereal
- laundry detergent/powder
- shampoo and conditioner

Many thanks for your assistance!

Financial Donations are also much needed and always welcome.

Donations of \$2 or more are tax-deductible. Please phone or email CareWorks with your name, address and donation amount to receive your tax-deductible receipt.

ATO exemption and Gift Deductibility - ABN 46 393 076 907

Bank Details: CareWorks Sunranges Inc

Bendigo Bank

BSB:633000

Ac: 108137852

Email: info@careworks.com.au

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Our Phone number is: 9740 5061

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